



FRIENDS OF KOLKATAS' ELDERLY

FOKE



**11th Annual Report
April 2015-March 2016**

Registration No. S/1L 33406
Dated: 8th December 2005





From the Secretary's Desk:

With the passing of time, round the clock care for the elderly is becoming more and more challenging; yet the responsibility cannot be overlooked. During the last 10 years, we have experienced mixed feelings of wonder, sadness, anger, frustration, miracles and happiness-all culminating in an amazing experience of life! The desertion of parents by their children has caused the most anger and frustration, while the smiles and comfortable settlement of our beloved members in our two homes has offered us nothing but sheer joy!



The day each member arrives at one of our homes they are our responsibility. For most of them, settling in involves showing love, throwing tantrums, fighting and yet settling in peace at the end of each day. This peace comes from knowing they have a bed to sleep in, food to eat and most especially, the comfort they get from realising that from being treated as 'No-one', she or he is actually 'Someone' with a prominent place in the home.

Death is the most difficult reality to be dealt with. As per the new law, with even custodial death, a postmortem is now mandatory. If the government authorities do not authorise FOKE to take handover after postmortem, then there is a mass cremation. The death of a member is a very sad and emotional time for FOKE associates each time it occurs, and it is now made even harder with the added hassle of legalities and postmortem.



Thanking all our friends, well wishers and associates is not enough. Each one of you associated with FOKE believes in its mission and passion. FOKE may not be too ambitious as an organization, but that is because its strength and joy is on quality care, not statistics or the most cost effective results. Hence none of our homes is an institution, but rather they are family homes where laughter, love, dreams all prevail in abundance. Thank you to all for being part of this journey and being there always!

**None of our beds ever remain empty for long;
during this term we were happy to Welcome Home:**

SWATI MUKHERJEE: 23rd May 2015

Champa, our medical co-ordinator, became aware of Swati's domestic situation via one of her relatives who lived in the same block of flats. Swati was suffering at the hands of her son who was abusing her physically and stealing her pension money. Champa's enormous efforts to rescue Swati included reporting the son to the police, notifying the bank of his unlawful withdrawals and finally rescuing Swati from the abuse which no mother should ever have to endure at the hands of her child. There were prominent evidential marks of physical assault inflicted by her son. When admitted to



Hope Hospital, she required an orthopaedic operation to readjust her femur as well as an operation to readjust the lens in her left eye. Swati came to live at Bhalobasha on the 23rd of May 2015. Madhubati is now her home, but having successfully guaranteed the safety of her pension, Swati is now in a financial situation where she can be transferred to a paid old age home. Swati refuses to meet her son and we have done everything in our power to protect her. We wish her love and best wishes to live peacefully and without the fear of any further abuse.

KIRON: 15th May 2015

Kiron was also identified by Champa whilst a patient at NRS Hospital, Sealdah. She had admitted herself and was on a trolley for a few months. Before being admitted to hospital, Kiron lived under a plastic sheet at the side of a busy road and in her absence the police had removed it. Kiron's son and daughter are both married but have cited their poor financial situation as the reason for disowning her and refusal to take any responsibility. This left Kiron helpless in the hospital. We were happy to bring Kiron to Bhalobasha and it has been her new home since the 15th of May 2015.



The plastic sheet
Kiron lived under



Kiron- Before



After

Nemai: 8th September 2015

Nemai was identified by Calcutta Rescue and admitted to Hope Hospital who then referred him to us. He has no family and had been living on the street but has now settled into Dadur Bari (Madhubati) as a roommate for Khudiram. Nemai is a jovial character and mixes well with the other members. His favourite pasttime is to play Ludo with Saraswati and Lovely.



Kalyani Das: 29th November 2015

Another heart-breaking case of desertion. Kalyani was deserted when she and her son were evicted from their rented house. He was unemployed and unable to meet the required expenses. Extended family members were unwilling to take responsibility for her. Hope Hospital referred Kalyani to Foke and Bhalobasha is now her home. She is settling in but is unable to walk due to arthritis. We have successfully traced her son and daughter. The son now has a job and is willing to look after his mother if the job allows him to settle in Kolkata. Unfortunately, the daughter, who lives only 15 minutes away from Balobasha, refused to take any responsibilities as her second illegal marriage had not been accepted by her parents.



Dearly Departed

Though we cannot see you with outward eyes, we know our soul's gaze is upon your face, smiling back at us from within everything to which we bring our best refinement



Parveen passed away in Dr. Fuad's nursing home on Bengali New Year's Day the 15th of April 2015. As per Islamic custom, she was buried at the Solowana Masjid cemetery. She was lovingly bathed and wrapped in white cotton material by two local Muslim ladies and had a great send off with prayers by the local Muslim men present at the time.

We were glad that Sabitri was able to use the newly refurbished medical room for a week before she left us on the 3rd of May 2015. Sabitri had suffered from Alzheimer's disease for several years; yet she was never violent and never complained; in fact her smile always encouraged us to carry on with the work we were entrusted with. We will miss her very much.

In Memory of Beloved Mothers:

Mr. Madhujit Roy, Mrs. Ratna Bagchi and Lovina Khan, all friends of FOKE, treated the members of both the homes with lunch in memory of their beloved mothers. We offered our condolence and we did our best to honour their feelings as all the staff and members prayed for the repose of their souls.



Our Tribute to a Great Lady

Debrani Mukherjee...

So close to God, on Sunday, December 20th, our beloved Mrs. Debrani Mukherjee at 91 years of age, went home, as only she would have wished. Madhubati - the beautiful property she entrusted to us over a decade ago, was alive with activity that very day for our Christmas Programme. So it was most fitting that on their way, Sanghita and her mother were there to embrace the family in Amtala while Michael, representing FOKE, remained in the city to touch her foot for the last time in Kalighat. A very emotional day for all of us, a day where the celebration of an extraordinary soul was mourned and rejoiced as one. She was 'Ma', so dearly loved by all in the FOKE Family and so central to everything that we have achieved together. She was especially close to Sanghita and Michael for more than a decade. Michael had just arrived from Ireland and feeling so privileged to have arrived in time, he penned this short tribute after accompanying the family for the final goodbye:



"On a special week for The City of Joy when news of an imminent canonisation was rejoiced worldwide our special saint slipped silently away. Kolkata, for years a much needed inspiration to the world, showing us how to live with examples of selfless denial and tremendous giving but seldom has such love and generosity been embodied in one precious soul as it was in our beloved Mrs. Debrani Mukherjee.

It was not just the incredible gesture of entrusting her beautiful property in Madhubati to us so that others less fortunate would experience the joy she had experienced there as a young girl that made her so special. It was the sparkle in her eyes, a mystic glow and that beautiful smile which uplifted every cherished visit and which will now live on in what she and her wonderful family has empowered. She took such delight in receiving news of our members and like a child on Christmas morning would eye in wonderment the photographs and potential building plans while admiring the fruit we would deliver from her garden. She took such pride in all that had been achieved and it was so uplifting to witness that joy. It was as though she had never left Charu Nivas and now forever more her youthful spirit and her laughter will echo within the walls of her cherished home, a place rejuvenated by love. It is so so true. Love never dies".

(Michael Hopkins)

Non-Residential Programme

Pension Programme:

The pension programme continues for 4 elderly members, 3 more members are continuously on our daily food programme. All of them have access to the medical support as and when required.

Medical support:

Shova Roy, only about 50 years old and from a remote village, began to suffer from a total neurological disorder when one morning she was unable to get out of bed. This was aggravated by the absence of medical support in her village. She completely lost all her mobility. Being very poor, her son was not able to provide the finances for any medical support. After extensive medical investigation in NRS hospital, including an MRI, Shova was admitted to Dr. Fuad's Clinic for regular physiotherapy. She was also examined at the National Institute for Orthopaedically Handicapped where several exercises were advised before further treatment. Though the treatment was a lengthy process, we truly wanted to help Shova to get back to her feet. Upon discharge, she was able to return to her family and home and we provided her with a suitable wheelchair.

Non-residential member:

On the 3rd of December 2015, we admitted Ganesh Banerjee (who is on our medical and pension programme) to Hope Hospital where he had a hernia operation and major orthopaedic treatment. The few days in the hospital relieved him to some extent from the excruciating pain that he suffers.



Resident's Medical News

Shefali recently suffered a stroke which affected her right leg and hand. She was immediately brought to the hospital and then transferred to Dr. Fuad's Clinic, where she remained for more than a month of physiotherapy and medical care. Shefali is now being provided with regular physiotherapy at Madhubati and she has a special water bed mattress placed in a railed medical bed. Despite this physical setback, Shefali has tremendous mental strength and go in her which will hopefully help her to stand up again!



Kamala and Khudiram in Madhubati had their cataract operation. Momota was admitted twice into Hope Hospital. Shakuntala and Shanti were also admitted to Hope Hospital for medical supervision. Most members are under constant medical care and we are very happy to have and use the support of Hope Foundation Hospital.

At present, we have a total of 23 members in two homes. In addition, there are 7 non-resident members on our food, medical and pension schemes.

Renovations & Refurbishment of Bhalobasha

Inauguration of the Medical room: On April 26th, 2015 we inaugurated the newly refurbished medical room with Sabitri who was the only one to return from the Hope Hospital. Binapani did the honour of cutting the ribbon and we celebrated with sweets for staff, members and the workers. Sincere thanks to the workers who worked very hard and did a fantastic job. Well done!



Painting:

The exterior and interior of Bhalobasha was painted for the first time since 2004. The tin roof above the medical room was replaced with a concrete terrace, making it accessible from the first floor balcony. This has extended the floor space and the children who come to study also use it to play, practice dances, etc. The tiles on the main roof were replaced with concrete as during the monsoon the entire first floor walls and ceilings would become damp.



Corporation water line connection :

During February 2016 Bhalobasha was finally connected to the Corporation water supply. It was very long awaited, as for the last 10 years we were drawing drinking water from the local hand pump; therefore this facility is a real blessing. We have also had a large concrete reservoir built to store the water which is supplied thrice per day. A very special thank you to Sean Garvey and his friends and family for their generosity in donating to FOKE the entire renovation and refurbishment cost of Bhalobasha home.

OUTREACH ACTIVITIES

New Initiative in Bhalobasha :

Since 1st October 2015, we have had an education centre in Bhalobasha for 15 students. The parents of these children are rickshaw pullers, house maids or are engaged in lowly paid jobs where the family income is insufficient to provide extra tutorial support. With the arrival of the children the house now has more life and we hope in a few months time it will be as vibrant as Madhubati. We have a local teacher, Mrs. Soma Banerjee, and Mrs. Dipmala Saha worked as coordinator till March 2016 to get the centre up and running.



Adult Education:

We were approached by the mothers of children attending the class at Bhalobasha to provide an adult education facility. Currently we have four adult students. They attend classes daily along with the children and spend about 2 hours learning. It is our small endeavour to contribute towards the development of the local community and to provide a social opportunity for both the young and the old.

The students visited the Indian Museum as part of their education tour.



Madhubati Follow-up School:

This year we had 80 students: 39 belonging to very poor families and 41 from lower middle class families. We had 42 boys and 38 girls on the roll. As per the proposal, Concern India Foundation (CIF) funded:

- * Teaching and learning materials
- * 4 training sessions for teachers conducted by Mrs. Anita Deb Kundu
- * 17 art and craft classes conducted by Mr. Raju Gyne
- * 2 external evaluation of students by Mrs. Dipmala Saha
- * Visit to the Alipore Zoo



Outreach Activities



The benefits from the C.I.F. funding have been immense. There has been an overall improvement amongst the students academically. In the external evaluation 25 children were graded A, 21 were graded B and 14 were graded C. All the students passed their school exams and have been promoted to new classes. Also during the year, we tried to give them an opportunity for creative work through the art and craft classes, which the children had a great deal of fun doing. However, more than anything, the visit to the zoo was the highlight of this year for the children. For many of them, this was their first trip to Kolkata City and seeing their joy at experiencing the city and the zoo is something that we at FOKE will long remember.

Free Eye Check Ups:

GKB Lens Pvt. Ltd. started the CSR in September 2014 with a mission to ensure that all residents in the economically marginalized sections of society can have better vision. With their support, we were successful in organizing 3 free eye-screening and free distribution of spectacles to the disadvantaged people around Madhubati village and Bhalobasha home in Thakurpukur. All were extremely happy with this arrangement and grateful for the benefits they received. The entire process of checking more than 120 people in each of these camps was very well managed by the team members of GKB Lens Pvt. Ltd. and our staff. Special thanks to Sudakshina Aich (former Coordinator of Concern India Foundation) for taking the initiative. A total of 170 people received good quality spectacles from GKB free of cost in Madhubati and Thakurpukur. We are very grateful to GKB Lens Pvt. Ltd. and its associates for their noble initiative.



Case Study

Name : Sandhya Bayen
Age : 50
Occupation : Daily labourer in the fields.
Address : Village, Kakura Mosat,
Dist- South 24 Parganas.



Sandhya is a widow who looks after herself and her family. For the past two years she had been suffering from increasingly poor eye sight. However, due to a lack of finances, she could not visit a doctor. When the camp was organized, her eyes were tested and she received spectacles. The new spectacles were of a great help. Sandhya feels that this kind of eye check-up camp is needed more in the village. She thanked the organisers for taking such an initiative and for gifting her with much improved vision that she would not have had otherwise.

SELF-HELP GROUPS IN MADHUBATI

Name of SHG	Started	Total members	Monthly subscription	As on March 2016	Bank loan
Pronoti	May '08	14	Rs. 30/-	Rs.55,320/-	Rs.40,000/-
Jyoti	May '08	14	Rs. 30/-	Rs.55,670/-	Rs.40,000/-
Minoti	Jan '09	14	Rs. 30/-	Rs.49,690/-	
Total				Rs1,60,680/-	

* All three groups have their Bank accounts in Bangiya Gramin Vikash Bank.

* A total of 72 group meetings were held during this financial year, where along with the formal group meetings information was given by the Coordinator Mr. Surajit Das on available Government facilities, bank loans, etc.



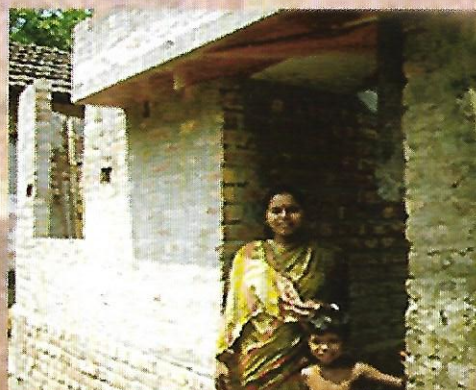
Some success stories:

Asima Mondal and **Mamata Bayen** purchased a water pump machine which they rent out at Rs. 100/- per hour as well as using for their own cultivation.

Tanu Bayen decided to replace her mud house due to the fact that during the rainy season the house falls apart. She took out a loan from her group to build her new brick house.

Saraswati Roy (a staff member of FOKe) received a loan for repairing the tiled roof of her home. Saraswati has also managed to build a toilet and bathroom for her family, most especially for her daughter.

Sakuntala Roy took out a loan and invested the money in her husband's grocery shop. Her husband is continuing the shop and now earning better than before.



Blanket Run:

This was one of the first activities with which FOKe started its journey. We continue this commitment to those most in need with great love each year. This year Sahadeb Some, Raju Buxani and his cousin joined the team. Blankets were given to rickshaw pullers near Bhalobasha as well as to many poor families in Madhubati and the surrounding area. We distributed 150 blankets; Raju Buxani generously sponsored the cost of the blankets.



CELEBRATIONS IN BOTH HOMES

Rabindra Jayanti: This year we were delighted to celebrate Rabindra Jayanti (Tagore's birthday) in Bhalobasha with the members. Dipmala and her friends, with their children, performed dances, songs and recitation for our members. Food and soft drinks were served and members and staff both had a lovely evening.



Independence Day: The 15th of August was celebrated with a flag hoisting in Bhalobasha. We organised a patriotic song performance along with food packets for all.

In Madhubati we honoured this special day with flag hoisting and celebrations.

World Elderly Day: The 1st of October was celebrated by the staff, teachers, students and members. Children served the members their evening tea and performed some excellent dances and songs. In return, the ladies served the children special snacks.



Durga Puja: It is always a great pleasure to bring the members out for a few hours to enjoy the lights and decorations during the Durga Puja celebration. All the ladies were dressed in their new garments and for Nimai it was his first day out. We received delicious food from friends which was a wonderful gift for us. The only unfortunate thing was Khudiram having to miss the outing as he was admitted to Hope Hospital.

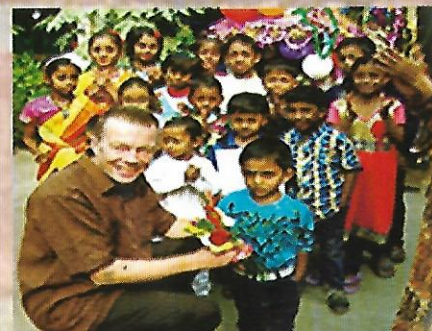
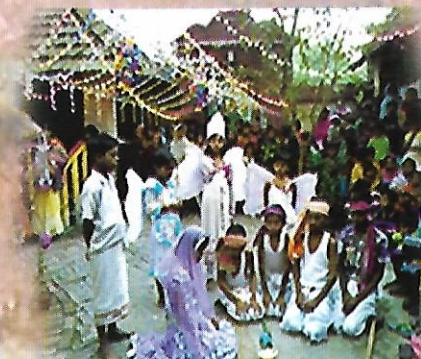
Diwali Celebration : The day was marked with special food as well as decorating both the homes with candles and diyas. Members in Madhubati also went out to enjoy the local Kali Puja pandals. We are very grateful to Prakash Pachasia and Jeet Bhatijia for the gifts of crackers and fireworks for the homes.



Children's Day: In Bhalobasha the 14th of November was celebrated with a drawing competition. In Madhubati we celebrated the day with dancing, music and recitations.



Christmas Programme: Christmas was celebrated in Madhubati with the nativity play and cultural programmes. The children, members, guests and parents loved all of the performances and were very appreciative of all the hard work that the children put into preparing. There was special lunch served to all and each student received a new school bag.



For the first time there were children present at Bhalobasha to celebrate Christmas with the members. Also this year, we were thrilled to have Michael with us for Christmas, which made the day extra special.

In both homes, the members got warm woollen pullovers and staff received a token amount as Christmas gifts, both of which Sean Garvey loves contributing to every year.

Other Activities



Saraswati Puja: As usual, we celebrated Saraswati Puja with the students, members and staff. We celebrated this event for the first time in Bhalobasha as we now have an education centre there. The members, staff and students enjoyed it very much as it was exciting and new for all. There was great team effort involved to ensure it was a success. At Madhubati home, we were also able to arrange a cultural programme to make it even more memorable for our members there.

Holi: This year Holi was made very special for us all with the loving presence of Adrienne and Kerry. Children, members and staff all had a wonderful time and for Adrienne it was a once in a life-time experience.



Rajiv Ganguly Tournament (RGT):

The children of Madhubati once again participated in the RGT that was organised by Friends of Calcutta. This time the members Nemai, Hasikhusi and Kamala, along with the staff, joined in the spoon race organized especially for their fun. The winners were presented with medals which they were extremely proud of.



The Annual Sports Day :

FOKE greatly anticipates the Annual Sports Day as a fantastic opportunity for our members to spend time with children and their families. As always, the Annual Sports Day in Madhubati was enjoyed by everyone involved. A warm thank you to Fr. Pat Hogan and all in Calcutta Calling for being part of the day, which was also the celebration of our Republic Day.



Visit to the Zoo: Visiting the Alipore Zoo was an annual plan for the follow-up school. We were so glad to provide the students with an opportunity to see the Zoo as well as Kolkata City. The weather that day was perfect and the children really enjoyed being so close to the animals. They walked around the park-like grounds and got to see everything that the Zoo had to offer. We ended the day with packet lunches and ice cream. A huge thank you to C.I.F. for funding this trip and to Kerry for making it extra special with her presence.



Staff Appreciation: Our staff appreciation day has become an annual event in which we take the time to recognise the excellent work our staff do for FOKE by giving them a day of rest and fun. This year, we spent a relaxing day at the Palm Resort where lunch was served. This was followed by a visit to Swami Narayan temple nearby, all of which the staff really enjoyed. In addition, each staff member was also gifted with a small token amount to show our gratitude.



VISITORS, LOVING GIFTS AND ACTIVE INVOLVEMENTS

At the onset of Durga Puja festival, many friends visited our homes with gifts for all:



Raju Gayen, who teaches arts and crafts to the children in Madhubati, brought his family and friends to spend a day with our members. They gifted night dresses and sweets to the ladies and staff. They remembered everyone, also presenting to the children gifts of drawing books and coloured pencils.

Swarnalata Das, a friend and well-wisher, also did not forget the members this year. She came with bags full of gifts and was very generous with her donation to FOKE.

Our President, **Mr. Sahadeb Some**, was also kind in bringing Dr. Tapas Kumar Das to both homes so that our members could have a general health checkup.



Visitors and Involvement

Raju Buxani never fails to take time out from his busy schedule to visit the homes when he is in Kolkata.

Punit Agarwal visited and generously donated mosquito nets, bedsheets, pillow covers and tea leaves in both homes.

Visit from **Concern India** – The new coordinator **Ms. Samapti** visited the follow-up school and conducted home visits as part of her monitoring and evaluation.



A visit to the accounts office was also made on 17th March 2016 as part of financial monitoring.



Like all years, **Sean Garvey** visited us. His friends and family are very generous as always. Their donation was used for the Bhalobasha refurbishments; painting both the exterior and interior as well as having the entire roof of the building redone so it no longer leaked. Thank you Sean, not only for your visit but for the energy you bring, which inspires us all.

We were very happy to welcome **Mahmud Rahman** and his partner Orla, who are friends of Michael Symon's, to celebrate the Christmas Programme with us. Mahmud loves photography and took a great deal of time and care to photograph the daily lives of members and staff in both our homes. Many of the photos you see in this report were provided (with prior permission) courtesy of Mahmud and we are honoured to include them. A very special thanks to him for taking the time to photo document the work of FOKE.



Visitors and Involvement

It was our great pleasure to welcome **Jenny Browne** (Overseas Director) from Hope Kolkata Foundation to visit both homes. It was her desire to meet all those members who now have a home with us after being referred from the Hope Hospital.



Kerry Luxton and **Adrienne Millar** both played very important roles. Adrienne helped the teachers and students at both homes and kept the members busy with arts and crafts in Madhubati. Kerry encouraged all the members in making bead necklaces and woolen items. Kerry also paid Rs. 1500. to the members which had been raised by selling at her home in Sydney products made by our members.



Adrianne and **Kerry** were both here to celebrate the completion of the extension of the terrace. After an enormous effort to get all members upstairs and out onto the terrace, we had a small party with snacks and soft drinks. The members absolutely loved it! You would have thought we had taken them on a trip somewhere abroad rather than up a flight of stairs, and we all thoroughly enjoyed the celebration.

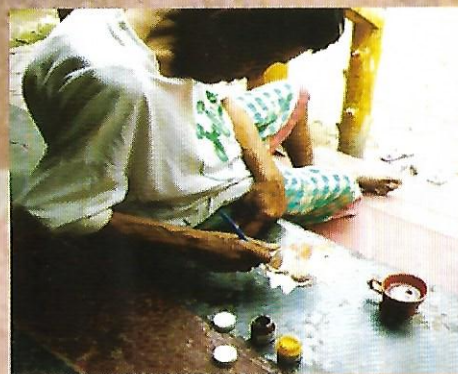


Melbandhan, a group which promotes Bengali literature and culture, visited Bhalobasha to spend some quality time with our members. They had gifts for all and provided lunch for the members which they served themselves. The group was led by Mrs. Rina Deb who is a good friend of FOKE.

12 Students and 4 teachers from **Colaiste Eanna CBS** in Dublin, Ireland visited Madhubati as part of their Immersion programme. The visit was conducted and encouraged by Brian Kelly and we also want to thank them for their donation to FOKE.

Volunteering With FOKE

Adrienne: It was our great pleasure to enjoy the company of **Adrienne Millar** who visited us twice this year. Adrienne is a professional teacher who works with special needs children in Pobalscoil Neasain, Dublin, Ireland. On her first visit she spent a week with the teachers and students helping the teachers to develop activities for teaching English as well as their own knowledge of the language. Adrienne also worked directly with the students on their English language skills. On her second visit in March of 2016, she particularly concentrated on and helped the elderly members with art and crafts. At the end of her second visit, Adrienne said the following: "It was really amazing to get the opportunity to return to the FOKE homes at Easter. The members took part in painting and making jewellery using larger colourful beads. Earrings, bracelets and necklaces were supplied by the elderly club of Darndale Village in Dublin, Ireland. But the most amazing part of this activity was the inclusion of staff, teachers, children and more importantly, all of the members. This was like a big art centre - painting in one area, card making in another and jewellery in another. They couldn't wait to do them all! These activities occurred during the morning and evening for three days. The best bit was the members hanging up their own work next to the children's with pride!!! Art is very therapeutic, done at leisure and very inclusive. Hope it continues" - **Adrienne.**



This was the first time we provided the opportunity for volunteering with FOKE and language was not a barrier. We are very grateful to Adrienne for sharing with our teachers her enthusiasm and expertise on teaching, as well as for all her hard work with our students. Moreover, the quality time she spent with our ladies and staff was a wonderful experience for all involved. Thank you Adrienne and we hope to see you again next year.

Fundraising and Supporters

Kerry Luxton: Kerry spent two months with us this year and enjoyed her time with the members in both homes. In particular, she spent time in Madhubati, creating with the members necklaces from beads purchased at a Kolkata market. Kerry has taken the finished products home to Sydney with the hope of selling them to her friends and returning the money to the members to spend as they wish. The money from sales of previous necklaces has been put into a savings fund for our members.



Kerry raises additional funds each year in Sydney, Australia by holding an event where an audience listens to the stories of five interesting people. The evening is hosted by Dick Marks, a former Australian Wallaby and an exuberant entertainer. The community that supports Kerry's fundraising efforts have very much taken FOKE to their hearts and are aware that their role in supplying the running costs for the homes is vital to our continued success.



A group of ladies from **Avondale Golf Club** have, for the past three years, been hand knitting colorful blankets which are given to members in preparation for the coming winter. It is another link between the two communities and a little more understanding of each other's world.

Maura Allen: Though Maura was not present physically in January 2016, she was joyously represented by our wonderful friend Helen Cussen, who made sure by kind favour of Fr. Pat to deliver the donation for the purchase of the yearly toiletries and necessities for both homes.

Calcutta Calling: Calcutta Calling c/o Fr. Pat continues to fund the running cost of the Medical Van and the Drivers salary.

Elouise Hahn: Elouise held a fundraiser in Sydney and half of the profits were donated to FOKE.

Adrienne Millar: After the loss of C.I.F. funding for the follow-up school, Adrienne stepped in to help and held fundraising events at Pobalscoil Neasáin in Baldoy, Co. Dublin (Ireland) where she works, as well as in her local area.

Some Very Important Donations

- **Concern India Foundation (C.I.F.)** - Funded the follow-up school for Rs. 1,38,540/-. This helped us to provide the salary for 4 teachers and the coordinator, resource persons fee for 4 teachers' training session, 2 external evaluations of the students and 16 art and craft classes. A grant for teaching and learning materials and an outing for the children were sanctioned as per the budget. C.I.F. are unable to further fund the follow-up school programme due to constraint of funds and have expressed their sincere regret, but we are very appreciative of the support they have provided since August 2010.
- **Sean Garvey, Family and Friends** - Their generous donation to FOKE paid for the complete refurbishment of Bhalobasha. This included construction of the new roof above the medical room, re-tiling the old roof and painting of Bhalobasha.
- **Geraldine Cullen c/o Waverley College NSW** - Continues to make her yearly donation marked for FOKE.
- **Liam Ashe, Fr. Sean Sexton, Michael Symons and Belvedere College** - Continue to support our work with their yearly donations.
- Locally, **Raju Buxani** continues to make a monthly donation for the purchase of food rations in both homes.
- **Rajesh Shah** never fails to provide the basic medicines when they are needed by our members in the homes.
- For the past two years FOKE has been receiving clothes and garments (saris, petticoats, night dresses) from the **Kolkata Municipal Corporation** during the Durga Puja festival as part of their charity and community service.
- We are eternally grateful to local friends for their gifts of necessary items for all our members and children during festivities & to the **Local Councillor** in Thakurpukur, for their support whenever required.

Administrative News

FOKE Staff:

Ms. Soma Das has joined as the teacher in the Bhalobasha Follow - Up School.

Mr. Biplab Mondal joined as the Assistant Manager in Bhalobasha Home on the 4th of January 2016.

Mrs. Nibedita Banerjee joined as the physiotherapist for both the homes. She brought in physiotherapy equipment for the treatment of our members which helped greatly in their physical rehabilitation. Mrs. Banerjee treated our members until the 31st of March 2016.

Resignations: **Mrs. Madhumita Mondal**, the fourth teacher in Madhubati, resigned as she has a very young son who needs minding at home. **Ms. Chandana Byen**, one of our most brilliant teachers, also resigned so that she could care for her mother full time. Mrs. Dipmala Saha worked as Coordinator for Bhalobasha school until the 31st of March 2016.

FOKE Office : **FOKE** has opened its new city administration office at 74C, S. N. Banerjee Road, as the registered office at 121 Lenin Sarani will soon be demolished for construction of apartments. All official and administrative work will be carried out from this office. It has a central location and is close to our previous office. As such, it will be extremely convenient for all elderly members and others to visit. Rent for 3 years has been agreed starting from the 1st of August 2016 through the 31st of July 2019. Sincere thanks to the kind gesture of **Mrs. Arofi Mondal** for offering FOKE this accessible space in the city centre at a substantially subsidised rent of Rs. 4000/- per month.

FOKE has completed its eleventh year with the blessings and generosity of friends and well wishers. The associates of FOKE have been excellent in their jobs and have performed their duties with the utmost conviction and professionalism.

We want to thank again each donor, friend and volunteer for their trust in us and our work. Without their donations, the high standard of living and care we are able to provide our members would not be possible. We also want to express our gratitude to our wonderful staff for their tireless hard work. It is because of their devotion and compassion that we can say that **FOKE** provides a true home for our members.



Managing Committee

Sahadeb Some	President
Sanghita Mondal	Secretary
Shukla Rebeiro	Treasurer
Cecilia Gomes	Assistant Secretary
Pampa Bhattacharya	Member
Arundhuti Chaudhury	Member
Ashim Murshed	Member

Advisory Committee:

Dr. Fuad Halim
Ms. Setu Das Roy
Mrs. Maura Allen
Mrs. Kerry Luxton
Mr. Michael Hopkins
Mr. Raju Buxani

Donor appeal:

To join Friends of Kolkata's Elderly please enroll:
FOKE 74C, S. N Banerjee Road,
Kolkata 700014 or Email: fokeindia@yahoo.com
Minimum membership fee is Rs. 500/- per year.
An account payee cheque to be made in the name
of Friends of Kolkata's Elderly.

Name _____
Address _____
Email Id _____
Mobile no. _____
PAN No. _____
Membership Amount in Cash / Cheque _____

Bank Details

Foreign Fund Donation:

Name of Bank :
CANARA BANK
Address:
14&15 APC Road,
Kolkata -700 009
West Bengal, India
Account Name:
Friends of Kolkata's Elderly
A/C No: 0396101025998
SWIFT Code CNRBINBBCED
IFSC CODE: CNRB0000396

Local Donation (Indian)

Name of Bank :
PUNJAB NATIONAL BANK
Account Name:
Friends of Kolkata's Elderly
A/C No: 0528000100106434
IFSC Code :PUNB0052800
All donation to the society is exempted
under Section U/S 80G of IT Act 1961.

Administrative office:

74C, S.N. Banerjee Road,
Kolkata 700014, West Bengal, INDIA
Website: www.foke.in
Phone: 988 333 9004.

Registered office:

121 Lenin Sarani,
Kolkata - 700 013
Email : sanghitacal@yahoo.com

FRIENDS OF KOLKATAS' ELDERLY 121, LENIN SARANI, KOLKATA-700013 INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDADE 31ST MARCH, 2016.						
EXPENDITURE			INCOME			
Particulars	Amount (L.C)	Amount (F.C)	Particulars	Amount (L.C)	Amount (F.C)	Total Amount
Administration			Donation from Parents	8950.00	-	
Salary A/C	5390.00	518800.00	Concern India Foundation	-	138540.00	
Bank Charges	228.00	1268.00	FCRA Donation	-	1273877.72	
Documentation	485.00	25500.00	Interest Received From Bank	1662.00	69951.00	
Printing & Stationery	285.00	5000.00	Membership & Subscription	40800.00	-	
Puja Bonus	-	27500.00	Donation from well wisher	642670.00	-	217550.72
Telephone Expenses	1073.00	-				
Webpage Maintenance Charges	-	2500.00				
Audit Fees	-	7000.00				
Grave Maintenance	2400.00	-				
S.B. SCHOOL						
Education Material	654.00	-				
Food Expenses	2678.00	-				3342.00
CONCERN INDIA FOUNDATION						
Annual Excursion	-	10188.00				
Co Ordinator Salary	2600.00	26000.00				
Educational Material	-	10073.00				
Resource Person Fees Art and Craft	-	11200.00				
Resource Person Fees of Teacher Training	-	3200.00				
Student Evaluation External Resource	-	1600.00				
Teachers Salary	6070.00	66770.00				140301.00
MSB School						
Education Materials	17409.00	-				
Food Expenses	9578.50	-				
Training Materials	1160.00	-				28145.50
Non-Residential Programme						
Food Expenses	24545.00	2400.00				
NR Medical	11721.00	-				
Pensioner For NR Member	28900.00	-				67166.00
Others General Project						
Blanket	-	21300.00				
External Education Support	2200.00	-				
Miscellaneous Charges	23244.00	-				
External Medical Sponsorship	5090.00	-				
Staff Day Celebration	19200.00	-				70944.00
Residential Home(2)						
Rhabobasha Home						
15 August Celebration	-	1700.00				
Christmas Annual Program	-	9580.00				
Cloths & Accessories	11164.00	-				
Construction & Renovation	-	265450.00				
Cooking Expenses	-	14008.00				
Electricity Charges	-	49595.00				
Extra Staff Support	7310.00	-				
Food Expenses	143720.5	87776.00				
Medical Expenses	62593.00	80269.00				
Newspaper & Magazine	-	3310.00				
Printing & Stationery	-	5212.00				
Puja Expenses A/c	-	5842.00				
Repairs and Maintenance	5500.00	53139.00				
Cable Connection	-	3280.00				
Travelling & Conveyance	18168.00	5000.00				
Water line Connection	-	11000.00				
Telephone Expenses	-	4843.00				
Toiletries Expenses	-	36141.00				91095.50
Balance C/F	432821.00	1388719.00	Balance C/F	694182.00	1481368.72	217550.72



Contd.. P/2

FRIENDS OF KOLKATAS' ELDERLY 121, LENIN SARANI, KOLKATA-700013 INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDADE 31ST MARCH, 2016.						
EXPENDITURE			INCOME			
Particulars	Amount (L.C)	Amount (F.C)	Particulars	Amount (L.C)	Amount (F.C)	Total Amount
Balance B/F	432821.00	1388719.00	Balance B/F	694182.00	1481368.72	217550.72
Madhubati Home						
15th August Celebration	-	1780.00				
Christmas Annual Program	9708.00	-				
Cloths & Accessories	11294.00	-				
Cooking Expenses	5105.00	8850.00				
Cremation Expense	-	3957.00				
Electric Charges	-	35872.00				
Extra Staff Support	-	6350.00				
Festivals & Entertainment	1009.00	571.00				
Food Expenses	69797.50	143727.50				
Medicals Charges	27604.00	78740.00				
Newspaper & Magazine	-	2499.00				
Printing & Stationery	-	2465.00				
Puja Expenses A/c	9758.00	-				
Rent	-	1200.00				
Repairs & Maintenance	16292.50	12390.00				
Cable Connection	-	2760.00				
Toiletries Expenses	1323.00	39359.00				
Telephone Expenses	-	5149.00				
Travelling & Conveyance	-	20120.00				636410.00
VEHICLE PROJECT EXPENSES (CALCUTTA CALLING)						
Car Insurance	-	8023.00				
Fuel	-	79491.00				
Garrage Charges	-	6360.00				
Parking Charges	-	7570.00				
Raghebendra Majumder(Driver Salary)	-	63688.00				
Road Tax Insurance	-	30040.00				
Servicing / Repairs	-	69378.00				
Drivers overtime	-	4265.00				293795.00
Depreciation	16065.00	9732.50				25797.50
Excess of Expenditure over Income	73305.00	-				575397.28
Total	694182.00	2056766.00	Total	694182.00	2056766.00	2750948.00



B. Singha Roy & Associates
Chartered Accountants
M/A-3037A Proprietor

FRIENDS OF KOLKATA'S ELDERLY 121, LENIN SARANI, KOLKATA-700013 RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDS 31ST MARCH, 2016.						
RECEIPTS			PAYMENT			
Particulars	Amount (L.C)	Amount (F.C)	Total Amount	Particulars	Amount (L.C)	Amount (F.C)
Closing Balance	-	6094.50		Administration	5360.00	516000.00
Cash-in-hand	-	-		Salary A/C	225.00	1268.00
Punjab National Bank	117.50	-		Bank Charges	465.00	25500.00
A/C No. 0528000100106434	-	-		Documentation	285.00	6000.00
Canara Bank	-	1452268.34	1459100.34	Printing & Stationery	-	27600.00
A/C No. 0399101025998	-	-		Puja Bonus	1073.00	-
Donation from Parents	8850.00	-		Telephone Expenses	-	2500.00
Concam India Foundation	-	138540.00		Website Maintenance Charges	-	5000.00
PCRA Donation	-	1273577.72		Outstanding Audit Fees	2400.00	-
Interest Received From Bank	1862.00	68951.00		Grave Maintenance	-	-
Member Ship & Subscription	40800.00	-				
Donation from well wisher	542670.00	-	2175550.72	B.B SCHOOL	664.00	-
				Education Material	2678.00	-
				Food Expenses	-	-
				CONCERN INDIA FOUNDATION	-	10168.00
				Annual Excursion	2600.00	28600.00
				Co Ordinator	-	10073.00
				Educational Material	-	11200.00
				Resource Person Fees Art and Craft	-	3200.00
				Resource Person Fees of Teacher Training	-	1600.00
				Student Evaluation External Resource	6070.00	66770.00
				Teachers Salary	-	-
				MB School	17409.00	-
				Education Materials	9876.50	-
				Food Expenses	1160.00	-
				Training Materials	-	-
				Non-Residential Programme	24545.00	2400.00
				Food Expenses	11721.00	-
				NR Medical	26500.00	-
				Pensioner For NR Member	-	-
				Others General Project	-	21300.00
				Blanket	2200.00	-
				External Education Support	23244.00	-
				Miscellaneous Charges	5000.00	-
				External Medical Sponsorship	19200.00	-
				Staff Day Celebration	-	-
				Residential Home(2)	-	1700.00
				Bhalasaha Home	-	9589.00
				15 August Celebration	11164.00	-
				Christmas Annual Program	-	266459.00
				Cloths & Accessories	-	14905.00
				Construction & Renovation	-	49595.00
				Cooking Expenses	7310.00	-
				Electricity Charges	143720.50	87775.00
				Extra Staff Support	62583.00	89259.00
				Food Expenses	-	3310.00
				Medical Expenses	-	8212.00
				Newspaper & Magazine	-	5642.00
				Printing & Stationery	5600.00	53139.00
				Puja Expenses A/c	-	3280.00
				Repairs and Maintenance	577.48	-
				Cable Connection	18168.00	5000.00
				Outstanding	-	11000.00
				Travelling & Conveyance	-	4843.00
				Water line Connection	-	-
				Telephone Expenses	-	36141.00
				Toiletries Expenses	-	-
Balance C/F	604299.50	2940351.56	3534651.06	Balance C/F	433498.48	1386719.00



Contd., P/2

FRIENDS OF KOLKATA'S ELDERLY 121, LENIN SARANI, KOLKATA-700013 RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDS 31ST MARCH, 2016.						
RECEIPTS			PAYMENT			
Particulars	Amount (L.C)	Amount (F.C)	Total Amount	Particulars	Amount (L.C)	Amount (F.C)
Balance B/F	604299.50	2940351.56	3534651.06	Balance B/F	433498.48	1386719.00
				Multistall Home	-	1700.00
				15th August Celebration	9708.00	-
				Christmas Annual Program	11264.00	-
				Cloths & Accessories	5105.00	8850.00
				Cooking Expenses	-	3687.00
				Construction Expenses	-	6350.00
				Electric Charges	1009.00	371.00
				Extra Staff Support	89797.50	142727.50
				Festivals & Entertainment	27604.00	78740.00
				Food Expenses	-	2499.00
				Medical Charges	-	2465.00
				Newspaper & Magazine	9758.00	-
				Printing & Stationery	-	1200.00
				Puja Expenses A/c	16292.50	12350.00
				Rent	-	2760.00
				Repairs & Maintenance	1323.00	39359.00
				Cable Connection	-	5149.00
				Toiletries Expenses	-	20120.00
				Telephone Expenses	-	-
				Travelling & Conveyance	-	-
				VEHICLE PROJECT EXPENSES (CALCUTTA CALLING)	-	6023.00
				Car Insurance	-	79491.00
				Fuel	-	6350.00
				Garage Charges	-	7670.00
				Parking Charges	-	83688.00
				Raghabendra Majumder(Driver Salary)	-	35040.00
				Road Tax Insurance	-	69378.00
				Servicing / Repairs	-	4255.00
				Drivers overtime	-	-
				ELECTRONIC GOODS	9015.00	-
				FAN	2900.00	-
				FURNITURE & FIXTURE	-	24000.00
				UTENSILS	637.00	-
				MOBILE	-	3100.00
				STEEL ALMIRAH	-	13100.00
				WAST SEGREGATION APPLIANCE	-	6490.00
				Closing Balance	12254.52	1377.00
				Cash-in-hand	64103.50	-
				Punjab National Bank	-	847251.06
				A/C No. 0528000100106434	-	-
				Canara Bank	-	-
				A/C No. 0399101025998	-	-
Total	604299.50	2940351.56	3534651.06	Total	604299.50	2940351.56



B. Singha Roy & Associates
Chartered Accountants
M.N. 305716 Proprietor

FRIENDS OF KOLKATAS' ELDERLY
121, LENIN SARANI, KOLKATA-700013
BALANCE SHEET AS 31ST MARCH, 2015

Particulars	Liabilities		Assets		Total
	Amount (L.C)	Amount (F.C)	Amount (L.C)	Amount (F.C)	
Funds & Liabilities					
Funds & Liabilities	233004.75	-	Fixed Assets	3046977.50	3490578.00
			As per schedule -A		
Income & Expenditure a/c					
Opening Balance	2817025.77	1880625.84			
Current Period	73305.00	575397.28			
	2890330.77	1285228.56			
Current Liabilities			Current Assets		
Audit Fees		7000.00	Cash-in-hand	12254.52	1377.00
			Punjab National Bank	64103.50	-
			A/C No. 0528000100106434		
			Canara Bank		
			A/C No. 0396101025988	847251.06	924986.08
Total	3123335.52	1292228.56	3123335.52	1292228.56	4415564.08

B. Singha Roy & Associates
Chartered Accountants



Proprietor

M.N. 303756

